

## Activities Calendar

## July 2023 Seasons

31. GKEGOKT COOKT						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00 Morning Worship 10:45 Coffee & Headlines 11:15 Sunday Stretches 1:30 Sensory Balance (SL) 2:30 Scategories 3:45 Filling The Bird Feeders 4:30 Sunday Word Search 6:30 Movie Night!	9:30 Right Moves Monday 10:15 What's In The Bag 11:00 Would You Rather 11:30 Laughter Yoga 1:30 Sensory Balance (SL) 2:30 Yard Pong (CY) 3:15 Room Visits 3:45 Afternoon Stretch 7:00 Monday Marathons:	AL- Amber Lounge GR- Game Room CY- Court Yard	\$\$- Indicates Cost Involved Wa ***- Sign Up Required **Programs Subject to Change** ppy Birthday! Mary W. July 9 Patricia "Pat" K July 10 Rose Marie B July 28	5 3	The Great Second & Forth Tuesday monthly	<ul> <li>10:00 Glamor Hour</li> <li>10:45 Coffee Break!</li> <li>11:15 Famous Faces</li> <li>1:30 Saturday Leisure Walk</li> <li>2:30 Afternoon Movie: The American President</li> <li>3:45 Weekend Yoga</li> <li>4:30 Word Scramble (I)</li> <li>6:30 Game Night!</li> </ul>
10:00 Morning Worship 10:45 Coffee & Headlines 11:15 Sunday Stretches 1:30 Sensory Balance (SL) 2:30 Fireworks Painting 3:45 Folding Table Tents Decor 4:30 Sunday Word Search 6:30 Sunday Night Movie America Week	10:00 Right Moves Monday 10:30 What's In The Bag 11:00 Independence Day Trivia 11:30 Laughter Yoga (I) 1:30 Sensory Balance (SL) 2:00 Afternoon Stretch (AL) 3:00 Catholic Mass W/Ftr. Joe 3:45 Fruit Kabobs Skewers	10:00 Seated Kickboxing 10:40 Travel Club: Independence Celebrations Around the World 1:30 Walking Trail: Courtyard 2:15 Make It: Red, White & Blue Parfait 2:45 Snack & Chat (AL) 3:15 Cardio Drumming (A) 4:30 Table Topics Independence Day	10:00 Right Moves Exercise (AL) 10:30 Worship W/Chaplain Deb (AL) 1:30 Sensory Balance (SL) 2:30 Resident Council (AR) 3:15 State Plate Game! (GR) 4:30 Topic Talks 7:00 Garden Club	10:00 Cardio Drumming (A) 10:45 America's Photo Shoot 11:30 Travel Club: The National Parks of America 1:30 High Stepper Walking Club 2:00 Making Summer Salads 2:45 Taste It: Summer Salads 3:30 Courtyard Walk & Bird Feeder Filling 4:30 Color Competition (I)	9:00 Good Morning Rounds 10:00 Right Moves Exercise (AL) 10:45 Rosary Group 11:15 Laughter Yoga 1:30 Traveling Activity Cart 2:30 Happy Hour: Pizza 3:15 Noodle Ball! 4:30 Word Puzzles (I) 7:00 Friday Night Live!:	<ul> <li>10:00 Glamor Hour</li> <li>10:45 Coffee Break!</li> <li>11:15 Famous Faces</li> <li>1:30 Saturday Leisure Walk</li> <li>2:30 Afternoon Movie: Nationa Treasure</li> <li>3:45 Weekend Yoga</li> <li>4:30 Word Scramble (I)</li> <li>6:30 Game Night!</li> </ul>
10:00 Morning Worship 10:45 Coffee & Hilarious Headlines Of The 1960's 11:00 Hymns W/ Terry (AL) 1:30 Sensory Balance (SL) 2:45 Afternoon Tea Social 3:45 Sunday Stretches 4:30 Sunday Word Search 6:30 Movie Night! Outdoor Week	10:00 Right Moves Monday 10:30 What's In The Bag: Camping Edition 11:00 Would You Rather 11:30 Laughter Yoga 1:30 In Room Visits 2:00 Pompom Pop Its (AL) 3:00 Lemonade on the Patio 3:45 Afternoon Stretch 7:00 Monday Marathons	10:00 Seated Kickboxing 10:40 Brunch Club: Zesty Deviled Eggs 12:15 Roast Beast Food Truck ***  1:30 Walking Trail: Courtyard 2:15 Make It: Camp Foil Packs 3:15 Cardio Drumming (A) 4:30 Tuesday Trivia 7:00 Evening Exercise	10:00 Right Moves Exercise (AL) 10:30 Artist Corner: Campfire Scene (AL) 1:30 Sensory Balance (SL) 2:00 Black & Blues Trio 3:15 Stories Around the Campfire (CY) 4:30 Topic Talks 7:00 Garden Club	10:00 Cardio Drumming (A) 10:45 Travel Club: Camping in America 11:15 Famous Place Trivia 1:30 High Stepper Walking Club 2:00 Linda & Gemma PAWS for Love Visit 2:45 Taste It: S'mores! 3:30 Dance Circle 4:30 Color Competition (I) 7:00 Game Show Night	9:00 Good Morning Rounds 10:00 Right Moves Exercise (AL) 10:45 Rosary Group 11:15 Laughter Yoga 1:30 Traveling Activity Cart 2:30 Happy Hour! 3:15 Washer Toss 4:30 Word Puzzles (I) 7:00 Friday Night Live!:	10:00 Glamor Hour 10:45 Coffee Break! 11:15 Famous Faces 1:30 Saturday Leisure Walk 2:30 Afternoon Movie: The Great Outdoors 3:45 Weekend Yoga 4:30 Word Scramble (I) 6:30 Game Night!
10:00 Morning Worship 10:45 Coffee & Headlines 11:15 Sunday Stretches 1:30 Sensory Balance (SL) 2:30 Ad Libs Story Telling 3:45 Filling Bird Feeders 4:30 Sunday Word Search 6:30 Movie Night: 1960's Week	10:00 Right Moves Monday 10:30 What's In The Bag 11:00 Would You Rather 11:30 Laughter Yoga 1:30 Sensory Balance (SL) 2:45 Famous Faces Trivia: 1960 3:15 The Price is Right: 1960's (AL) 3:45 Afternoon Stretch 7:00 Monday Marathons	10:00 Seated Kickboxing 10:40 Brunch Club: Tye Dye Pancakes 11:15 Tuesday Trivia 1:30 Walking Trail: Courtyard 2:15 Make It: Ribbon Sandwiches 2:45 Snack & Chat (AL) 3:15 Cardio Drumming (A) 4:30 Table Topics 7:00 Evening Exercise	10:00 Right Moves Exercise (AL) 10:30 Grease Lightning Painting (AL) 1:30 Sensory Balance (SL) 2:00 Zumba w/Dawn 2:45 Tye Dye Hour! (A) 4:30 Topic Talks 7:00 Garden Club	10:00 Carol & Friends Bible 20 Study 10:45 Filling the Burd Feeders 11:15 Cardio Drumming (A) 1:30 High Stepper Walking Club 2:00 Travel Club: 1960's Diners 2:45 Taste It: Milkshakes 3:30 Go Go Dance Party 4:30 Color Competition (I) 7:00 Game Show Night	9:00 Good Morning Rounds 10:00 Right Moves Exercise (AL) 10:45 Rosary Group 11:15 Laughter Yoga 12:15 Steakster's Food Truck*** 2:00 July Birthday Party w/ Sax Man Slim! 3:15 Noodle Ball! 4:30 Word Puzzles (I) 7:00 Friday Night Live!:	I I'SH Safiirday I Aigiira yyaik
10:00 Morning Worship 10:45 Coffee & Headlines 11:15 Sunday Stretches 1:30 Sensory Balance (SL) 2:30 Key West Beach Exercise 3:45 Lemonade On the Patio 4:30 Sunday Word Search 6:30 Movie Night! Key West Week	10:00 Right Moves Monday 10:30 What's In The Bag 11:00 Would You Rather 11:30 Laughter Yoga 1:30 Sensory Balance (SL) 2:00 Amazing Animals of the Keys (AR) 3:15 Key West Puzzle Bundle 3:45 Afternoon Stretch 7:00 Monday Marathons	10:00 Seated Kickboxing 10:40 Brunch Club: Geen Smoothie 11:15 Tuesday Trivia 1:30 Walking Trail: Courtyard 2:15 Make It: Key Lime Cookies 2:45 Snack & Chat (AL) 3:15 Cardio Drumming (A) 4:30 Table Topics 7:00 Evening Exercise	10:00 Right Moves Exercise (AL) 10:30 Fly Fishing in the Keys Craft 11:00 Outing to the Buffalo Zoo*** 1:30 Sensory Balance (SL) 2:30 Florida Fishing Game! 3:15 Courtyard Stroll 4:30 Topic Talks 7:00 Garden Club	10:00   Cardio Drumming (A)   10:45   Make It Key Lime Pie   11:15   Travel Club: Key West   1:30   High Stepper Walking Club   2:00   Linda & Gemma PAWS for Love Visit   2:45   Taste It: Key Lime Pie & Margaritas   3:30   Dance Circle   4:30   Color Competition (I)   7:00   Game Show Night   2.75   2.75   Cardio Drumming (A)   2.7	9:00 Good Morning Rounds 10:00 Right Moves Exercise (AL) 10:45 Rosary Group 11:15 Laughter Yoga 1:30 Traveling Activity Cart 2:30 Happy Hour! 3:15 Ladder Ball Game 4:30 Word Puzzles (I) 7:00 Friday Night Live!:	10:00 Glamor Hour 10:45 Coffee Break! 11:15 Famous Faces 1:30 Saturday Leisure Walk 2:30 Afternoon Movie: Weekend at Bernie's 3:45 Weekend Yoga 4:30 Word Scramble (I) 6:30 Game Night!